

Original Hellinger® Familienstellen



TRAINING PROGRAM



18 years ago Sophie Hellinger founded the Hellinger®schule with the support and goodwill of Bert Hellinger.

Her vision became a worldwide mission. Hellinger® educational institutions were created around the globe, from Mexico to China.



Our 18 years of experience in Training as Hellinger®Family Constellator flows into a new concept that has been reduced to the essentials. The internationality of our training requires an effective and modern teaching program. Always at the pulse of the times.

From the original **Hellinger®schule** with Sophie Hellinger as sole teacher, with support of Bert Hellinger, it became a desired school and educational measure recognized in the meantime by the government of Upper Bavaria/Germany - world-wide in demand.

At present 25 teachers are active for the **Hellinger®schule** world-wide.

With good reason: To adjust to one teacher is easy, but not effective. To only train with a teacher with whom one is on the same vibrational level leaves hidden entanglements undisturbed.

What makes the training program to become an Original Hellinger® Familiensteller so unique?

- We train future Original Hellinger® Familiensteller
- This is where the future Original Hellinger® Familiensteller are guaranteed to train themselves directly at the source, at the origin of Family Constellation.
- Here the entire training team teaches the pure, genuine family constellation in the spirit of the creator Bert Hellinger.

- Our teachers all learned directly from Bert and Sophie Hellinger
- Each teacher brings in his or her own special skills
- The **Hellinger®schule** teaches the Original Hellinger® Familienstellen worldwide uniformly according to the same training model and with the same modules.
- Students can attend the training modules all over the world.
- Interested parties can enter the training program at any time and largely shape their own educational path.
- As an accredited educational institution of the UEJM a.i.s.b.l. in Brussels, the level and quality of our educational program are regularly checked.

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YOUR GOAL – OUR ASPIRATION

We remain true to what has proven itself

- Our training model is primarily aimed at people who have already learned a profession and have a professional life. We are a continued education institution and understand our services as extra-occupational measure. This is why our courses usually take place on weekends.
- We teach in the proven "one-class system": beginners, advanced students and others. Interested people come together for courses and profit from each other. This leads to an astonishingly rapid increase in the fields of knowledge, experience and awareness of all those involved, after the model of Bert Hellinger's time as school principal in Africa
- The **Hellinger®schule** offers teaching modules and leaves it largely to the student to choose his or her own to shape the educational path, i.e. the seminar sequence, by themselves. Each person decides for himself in which way and in which time he wants to reach the goal
- The student himself decides on the progress of his skills and inner growth.
- The interested person can join the training at any time. A chronological order of the seminars is only partially predetermined
- The student is not bound to a place of study. The student can participate in all activities of the **Hellinger®schule**
- Most of our seminars are held in German and translated into the respective national language as required. We employ experienced interpreters who are both didactically and technically familiar with the vocabulary and subtleties of the Original Hellinger® Familiensteller. The statements of the teachers are translated precisely.
- Seminars attended by us in the last five years are counted as training hours for the training, provided that they correspond to the contents of the modules.

Our training formula largely follows the recommendations of the European Union for continued adult education.

Prerequisites for entry into the training program

- Participation in at least one seminar of the **Hellinger®schule**
- Personal maturity and life experience
- At least five years' professional experience
- Reading at least 3 books and watching a DVD by Bert Hellinger is regarded as a common knowledge base before starting training.



ALWAYS AT THE PULSE OF TIMES

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MODULES 1–6

Our training consists of 18 modules of 31 training hours each.

Each module has different specific theoretical and practical contents, which can always be experienced sensually and mentally with personal constellations.

The first 6 modules form the **BASIC TRAINING**. They serve as a far-reaching solution and liberation from personal life difficulties, entanglements and conflict-laden relationships. The family-oriented self-awareness of the first two modules is indispensable for everyone who wants to go a new way, which leads to more health, more happiness and more success in their work with people.

MODULES 7–18

A further 12 modules with different focal points lead to the diploma as **ORIGINAL HELLINGER® FAMILIENSTELLER** (diploma thesis required).

Practice makes perfect

Our training is considerably intensified by the emphasis on professional practice. Three modules, which can only be taken towards the end of the training, are dedicated to practice in family constellations.

The seminars from our training offer can be booked by all interested parties, even if they are not enrolled in the training (this does not apply to the exercise modules).

**Become an ambassador of the
ORIGINAL HELLINGER® FAMILIENSTELLEN
following the spirit and the spirit of its developer, BERT HELLINGER.**

In the **Hellinger®schule**
Trained as
ORIGINAL HELLINGER®FAMILIENSTELLER

Faster – better – more efficient. Experience and Learning

Request our detailed training concept at
education@hellinger.com
We are looking forward to seeing you!

TRAINING PROGRAM

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